

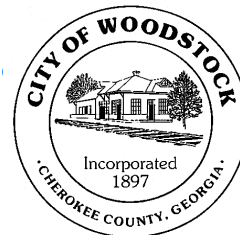
# SENIOR MATTERS

**WILLIAM G. LONG SENIOR CENTER**

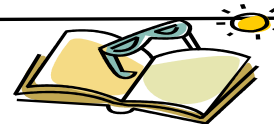
**Woodstock Parks and Recreation**

**223 Arnold Mill Rd., Woodstock, GA 30188**

**Phone: 678-445-6518 Fax: 678-445-4351**



**January / February 2017**



## UPCOMING EVENTS

**The Center Will Be  
Closed For Christmas  
December 23 & 26th**

**Saturday, December 31st  
New Year's Eve Party  
6pm to 10pm**

### **January**

**January 2nd  
Closed for New Years Day**

**January 5th  
New Art Classes Start  
See page 8**

**January 16th  
Center Closed for  
M. L. King Jr. Day**

### **February**

**February 8th  
Balance Due For  
New Orleans Trip**

**February 14th  
Valentine's Party**

## **INSIDE**

**Advisory  
Council**

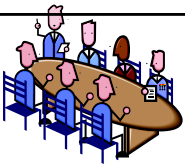
**New Members**

**Daily  
Activities**

**Jan./Feb.  
Calendar,  
Trip &  
Activity  
Details**

**Lotto Drawing  
Instructions**

**Birthday  
Luncheon for  
Nov./Dec.  
Birthdays**



## INSIDE THE CENTER

### William G. Long Senior Center (WGLSC) Advisory Council

Advisory Council meets every other month at the Senior Center. The next meeting will be January 25, 2017 at 10:00am. A copy of the minutes of each meeting can be obtained from staff.

### ADVISORY COUNCIL MEMBERS

Gloria LeVonne, President

E-Mail: [glorialevonne@gmail.com](mailto:glorialevonne@gmail.com)

Nelson Quebedeaux, Vice President

E-Mail: [nelsonq39@gmail.com](mailto:nelsonq39@gmail.com)

Tom Richardson, Secretary

E-Mail: [richardsonthom@gmail.com](mailto:richardsonthom@gmail.com)

Evelyn Endsley

E-Mail: [evelynendsley414@gmail.com](mailto:evelynendsley414@gmail.com)

Dolores Setaro

E-Mail: [dcsetaro@aol.com](mailto:dcsetaro@aol.com)

Caryn Rosenberg

E-Mail: [carynrose99@gmail.com](mailto:carynrose99@gmail.com)

## Notes From The Staff

Thank you to everyone who voted for our scare crow display for Halloween. And a special thanks to our line dancers who conceived and put together the display!

In all we collected \$215.00 and that put us in 4th place.

Congratulations and  
thanks for everyone's participation.

Williams G. Long Senior Center Phone Number 678-445-6518  
Preston Pooser, Director of Parks Recreation, [ppooser@woodstockga.gov](mailto:ppooser@woodstockga.gov)

Marybeth Stockdale  
Special Events Coordinator  
[mstockdale@woodstockga.gov](mailto:mstockdale@woodstockga.gov)

Jan Masey  
Senior Center Coordinator  
[jmasey@woodstockga.gov](mailto:jmasey@woodstockga.gov)

Don Payne  
Recreation Services Assistant  
[dpayne@woodstockga.gov](mailto:dpayne@woodstockga.gov)

Heather Gaddis  
Administrative Assistant  
[hgaddis@woodstockga.gov](mailto:hgaddis@woodstockga.gov)



# **Welcome New Members**



**Susie Adams  
Scott Adams  
Sandra Burke**

**Dot Grinberg  
Diane Bauman  
Barbara Pepe**

**Donald Reynolds  
Ethel Jackson  
Vera Bullard**

**Oredius Christburg  
Cheryl Fuller  
Alice Kellar**



## **FOR YOUR INFORMATION**

**WHEN GOING ON BUS TRIPS WITH US, PLEASE PLAN ON ARRIVING AT LEAST 15 MINUTES BEFORE THE ADVERTISED DEPARTURE TIME. THAT WAY WE HAVE TIME TO COLLECT THE BUS FEE AND GET SETTLED SO THAT WE MAY DEPART ON TIME. WE WILL WAIT FIVE MINUTES AFTER THE ADVERTISED DEPARTURE TIME, BUT AT THAT POINT WE HAVE TO LEAVE TO KEEP OUR SCHEDULE WITH THE VENUE.**

**WHEN ENTERING OR LEAVING THE SENIOR CENTER PARKING LOT PLEASE SLOW DOWN. PEOPLE ARE BACKING OUT OF PARKING SPACES AND CROSSING THE PARKING LOT. WE WANT TO MAKE SURE ALL OUR MEMBERS ARE SAFE.**

**LOTTO TICKETS ARE DUE ON TUESDAY BEFORE LOTTO DAY TO BE INCLUDED IN THE WEDNESDAY LOTTO DRAWING. TICKETS TURNED IN AFTER TUESDAY WILL AUTOMATICALLY GO TO THE BOTTOM OF THE LIST OR WAIT LIST. ONLY FILL OUT ONE LOTTO SLIP PER TRIP. DUPLICATE ENTRIES WILL BE THROWN OUT. AND REMEMBER, ONLY TRIPS THAT GO BY BUS NEED LOTTO SLIPS FILLED OUT.**

**WHEN PAYING FOR TRIPS OR LUNCH IN CASH, PLEASE BRING THE CORRECT CHANGE. WE MAKE DEPOSITS DAILY AND DO NOT KEEP CHANGE IN THE OFFICE. BRINGING THE CORRECT AMOUNT MIGHT SAVE YOU A TRIP BACK TO THE CENTER TO MAKE YOUR PAYMENT. THANKS, JAN & DON**

**WE HAVE A M.U.S.T. MINISTRIES COLLECTION BARREL IN THE FRONT ENTRY. THEY ACCEPT ALL "CLEAN" CLOTHING, LINENS, AND NON PERISHABLE FOOD ITEMS. DONATIONS ARE TAX DEDUCTIBLE AND IF YOU LEAVE YOUR NAME, DELIA HALVERSON WILL MAKE SURE YOU GET A RECEIPT.**

**PLEASE BE CONSIDERATE OF OTHERS - DO NOT TAKE ANYTHING THAT DOES NOT BELONG TO YOU (THIS INCLUDES ITEMS IN THE REFRIGERATORS.) IF YOU FIND SOMETHING THAT HAS BEEN LEFT BEHIND, PLEASE TURN IT INTO THE OFFICE.**

**WHEN TRAVELING ON OUR BUS, PLEASE REMEMBER TO SIT IN THE SAME SEAT FOR THE ENTIRE TRIP. THANK YOU!**



**Don't forget to check out our Senior Center Facebook Page for pictures of our trips & events and LIKE us! Find us at this web address:  
<https://www.facebook.com/Woodstock.Senior.Center>**





# January 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 <b>CLOSED</b>	3	4	5 2pm Art Classes Begin	6 10am Bowling ----- 1:30 Bunko	7
8	9 11am Lunch Bunch ----- 2pm Movie & Ice Cream.	10	11 10am Trip Comm. Mtg.	12	13	14
15	16 <b>Closed</b> 	17 9:15am Funk Heritage Center	18	19 9am College Football Hall of Fame	20 12pm Lunch & Learn Ballard Chiropractic	21
22	23 12pm Lunch & Learn Lyon's Club	24 9:45am Archibald Smith Plantation	25 10am Advisory Mtg.	26	27 12pm Lunch & Learn SALT/Triad	28
29	30 12pm Lunch & Learn Poole Funeral Home	31				

**Wednesday Lunches:** At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office.  
(prices and menu are subject to change)

January 4th \$6.00 Kani House Chicken Fried Rice Salad Dessert/Drink	January 11th \$5.50 Arby's Roast Beef Sand. Potatoes Dessert/Drink	January 18th \$5.50 Spaghetti & Meatballs Salad, Roll Dessert/Drink	January 25th \$5.50 Gayle Bautz Sheppard's Pie Salad & Rolls Dessert & Drink	
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# January Activity and Trip Details



**JANUARY 2ND - CENTER CLOSED FOR NEW YEARS DAY.**

JANUARY 5TH - 2PM-3:30PM "ART CLASSES WITH LARRY TOLERSON" THIS IS AN 8 WEEK COURSE & THE FIRST CLASS IS FREE, AFTER THAT IT IS \$15.00 PER CLASS, PAID TO THE INSTRUCTOR. IF YOU HAVE PAINTED OR EVER WANTED TO PAINT THIS IS THE CLASS TO CHECK OUT. A SIGN UP SHEET WILL BE ON THE BOARD & IS LIMITED TO 8 MEMBERS.

JANUARY 6TH - 10AM "BOWLING AT STARS AND STRIKES" - JOIN US FOR FUN AND EXERCISE WHILE BOWLING. COST IS \$5 FOR 2 HOURS OF BOWLING PAID AT THE DOOR. WE WILL MEET AT STARS & STRIKES. A SIGN UP SHEET WILL BE ON THE BOARD.

JANUARY 6TH - 1:30 - BUNKO

JANUARY 9TH - 11AM - "LUNCH BUNCH AT "PROVINO'S" - ENJOY AUTHENTIC ITALIAN FOOD WITH PRICES STARTING AROUND \$6.95. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 11AM.

JANUARY 9TH - 2PM - MOVIE AND ICE CREAM - "HELLO MY NAME IS DORIS" - STARRING SALLY FIELDS

**JANUARY 16TH - CENTER CLOSED FOR MARTIN L. KING HOLIDAY.**

JANUARY 17TH - 9:15AM - "FUNK HERITAGE CENTER" IN WALESKA, GA. - SEE NEW EXHIBITS FEATURING NATIVE AMERICAN ARTIFACTS, SOME MORE THAN 2000 YEARS OLD. COST IS \$7 PER PERSON, PREPAID BY JAN. 9TH. BRING MONEY FOR LUNCH AT THE GORDY CENTER. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:15AM.

JANUARY 19TH - 9AM - "COLLEGE FOOTBALL HALL OF FAME" - SEE HISTORIC RELICS, INTERACTIVE MULTI-MEDIA DISPLAYS. FILMS ON THE HISTORY OF FOOTBALL AND MUCH MORE. COST IS \$21 PER PERSON, PREPAID BY JAN. 9TH. BRING MONEY FOR LUNCH AT "ON THE BORDER - MEXICAN GRILL AND CANTINA." THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM.

JANUARY 20TH - 12PM - "LUNCH AND LEARN WITH BALLARD CHIROPRACTICS" THIS PROGRAM WILL INFORM YOU ON THE LATEST IN NEUROPATHY RELIEF. LIMITED TO THE FIRST 25 THAT SIGN UP. A SIGN UP SHEET WILL BE ON THE BOARD.

JANUARY 23RD - 12PM - "LUNCH AND LEARN WITH THE LYONS CLUB" LEARN ABOUT LYONS CLUB AND ALL ORGANIZATIONS THEY HELP. LUNCH IS LIMITED TO THE FIRST 15 WHO SIGN UP. THE SIGN UP SHEET WILL BE ON THE BOARD.

JANUARY 24TH - 9:45AM - "ARCHIBALD SMITH PLANTATION" IN ROSWELL, GA. - SEE THE HOME THAT THE SMITH FAMILIES HAD LIVED IN OVER 160 YEARS, AND THE OUT BUILDINGS INCLUDING THE SLAVE QUARTERS, COOKHOUSE, AND MORE. COST IS \$7 PER PERSON, PREPAID BY JAN.16TH. BRING MONEY FOR LUNCH AT THE BROOKWOOD GRILLE. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:45AM.

JANUARY 27TH - 12PM - "LUNCH AND LEARN WITH THE S.A.L.T./TRAID COMM. OF CHEROKEE CO". - GET VALUABLE INFORMATION ON CRIME IN CHEROKEE CO. AND LEARN WAYS TO PROTECT YOURSELF. LIMITED TO THE FIRST 20 THAT SIGN UP. A SIGN UP SHEET WILL BE ON THE BOARD.

JANUARY 30TH - 12PM - "LUNCH AND LEARN WITH POOLE FUNERAL HOME" - INTRODUCING THE NEW FACILITY THAT OPENED IN JULY 2016, AND HAVE ALL YOUR QUESTIONS ANSWERED ON THE BENEFITS OF PREPLANNING YOUR FINAL ARRANGMENTS. LUNCH IS FREE, AND A SIGN UP SHEET WILL BE ON THE BOARD.




# February 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 10am <u>Bowling</u> ----- 1:30pm Bunko	4
5	6	7 10:45 Lunch Bunch At the Cheese Cake Factory	8 Balance due for New Orleans Trip	9 7:45am Atlanta Beltline Tour	10	11
12	13 2pm Movie & Ice Cream "Joy"	14 1pm Valentine's Day Party <i>Happy Valentines Day</i>	15 12pm LOTTO	16	17 9am AARP Safe Driving Class	18
19	20	21	22	23	24 12pm Lunch & Learn S.A.L.T./Triad	25
26 10AM Phantom of the Opera	27	28 9:15 Southern Museum of History				

**Wednesday Lunches:** At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office.  
(prices and menu are subject to change)

February 1st \$6.50 Honey Baked Turkey Sandwiches Chips, Cookie Drink	February 8th \$6.00 Salad Mania Choice of 2 Egg,Tuna or Chicken Chips & Dessert Drink	February 15th \$5.50 Chick-Fil-A Sandwich Chips & Cookie Drink 6	February 22nd \$6.00 Gayle Bautz Beef Stew Corn Bread Dessert & Drink	
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# February Trips and Activity Details



FEBRUARY 3RD - 10AM - "BOWLING AT STARS AND STRIKES" - JOIN US FOR FUN AND EXERCISE WHILE BOWLING. COST IS \$5 FOR 2 HOURS OF BOWLING, PAID AT THE DOOR. WE WILL MEET AT STARS & STRIKES. A SIGN UP SHEET WILL BE ON THE BOARD.

FEBRUARY 3RD - 1:30PM - "BUNKO"

FEBRUARY 7TH - 10:45AM - "LUNCH BUNCH @ "THE CHEESECAKE FACTORY" - CHOOSE FROM SALADS, SANDWICHES, CHICKEN, BEEF, & SEAFOOD AND OF COURSE THEIR FAMOUS CHEESECAKES. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 10:45AM.

FEBRUARY 8TH - BALANCE DUE FOR NEW ORLEANS TRIP.....

FEBRUARY 9TH - 7:45AM - "ATLANTA BELT LINE TOUR" ENJOY A 3 HOUR BUS TOUR OF THE ATLANTA BELTLINE. SEE THE EXCITING NEW DEVELOPMENTS PLANNED FOR THE 22 MILE CORIDOR. COST IS \$34 PER PERSON, PREPAID BY JANUARY 3RD. (Cost will go down if more than 15 sign up) BRING MONEY FOR LUNCH AT BAHAMA BREEZE. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:45AM.

FEBRUARY 13TH - 2PM - "MOVIE AND ICE CREAM - "JOY" - STARRING JENNIFER LAWRENCE & BRADLEY COOPER.

FEBRUARY 14TH - 1PM - "VALENTINE'S PARTY" - JOIN US FOR A VALENTINE'S RECEPTION AND BRING YOUR FAVORITE SWEETS (enough for 8) FOR YOUR FRIENDS AT THE SENIOR CENTER. WE WILL PROVIDE THE DRINKS. A SIGN UP SHEET WILL BE ON THE BOARD.

FEBRUARY 15TH - 12PM - "LUNCH, BIRTHDAY, AND LOTTO"- ENJOY A CHICK-FIL-A BOX LUNCH AT 12PM (\$5.50 PREPAID BY THE FRIDAY BEFORE) AND STAY FOR LOTTO AT 1PM TO SEE IF YOU GOT ON YOUR FAVORITE TRIP.

FEBRUARY 17TH - 9AM - "AARP SAFE DRIVING CLASS" - CALL PAUL GALANEK AT 770-591-9347 FOR RESERVATIONS.

FEBRUARY 24TH - 12PM - "LUNCH AND LEARN WITH THE S.A.L.T/TRAID OF CHEROKEE COUNTY" — NATHAN BRANDON WILL INFORM US ON LIVING FACILITIES AVAIABLE FOR SENIORS IN CHEROKEE COUNTY. LIMITED TO THE FIRST 20 THAT SIGN UP. A SIGN UP SHEET WILL BE ON THE BOARD.

FEBRUARY 26TH - 10AM - "PHANTOM OF THE OPERA" AT THE FOX THEATRE. ANDREW LLOYD WEBBER'S STORY OF A YOUNG SOPRANO THAT BECOMES THE OBSESSION OF A DISFIGURED MUSICAL GENIUS THAT LIVES BENEATH THE PARIS OPERA HOUSE. COST IS \$52 PER PERSON, PREPAID BY JANUARY 3RD. WE WILL HAVE BRUNCH AT O' CHARLEY'S BEFORE THE SHOW. THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 10AM.

FEBRUARY 28TH - 9:15AM - "SOUTHERN MUSEUM OF HISTORY IN KENNESAW" - DISCOVER THE DRAMATIC HISTORY OF THE WAR BETWEEN THE STATES. THE MUSEUM IS HOME OF "THE GENERAL", THE LOCOMOTIVE MADE FAMOUS DURING THE GREAT LOCOMOTIVE CHASE. COST IS \$5, PREPAID BY FEBRUARY 22ND. BRING MONEY FOR LUNCH AT THE PACIFIC BUFFET. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:15AM.

# Seniors in Action!



Our entry in the  
*"Woodstock Scarecrow Invasion"*  
won 4th Place!



Our members receive an  
interesting demonstration at  
the Folk Pottery Museum



Touring the Rock Ranch, located in  
The Rock, Georgia.



Halloween Costume Winners!  
Scariest: Celeste Arnotti (right)  
Most Original: Gloria LeVonne (center)  
Cutest: Bonnie Mullin (left)

## Bus Fee

The round trip mileage to and from the scheduled event(s) determines the per-person bus fee.

The fee schedule is as follows:

0 - 50 Miles:	\$1.00
51 - 100 Miles:	\$2.00
101 - 200 Miles:	\$3.00
Over 200 Miles:	\$4.00



## Art Classes with Larry Tolerson

Oil, Water Color, Acrylics  
Charcoal, Pen & Pencil, etc.

An eight week course exploring different techniques and styles to find the best fit for you or concentrating your creative energy on one

- ♦ Instructor's fee will be \$15 per class session, paid directly to the instructor.
- ♦ A signup sheet will be on the board.
- ♦ Class size will be limited to 8 members to ensure the best learning environment.



## ***Seniors in Action!***



**An interesting trip to visit the Expedition Bigfoot Museum in Cherry Log, Georgia**



**Owner Gary Engel gave us a great tour of Engelheim Vineyards**



**On top of the World!  
Well, at least Georgia.  
Brasstown Bald is the highest natural point in the state of Georgia.**



**WSB Tour and Lunch at The Varsity!**



**The Southern Belle lunch cruise on the Tennessee River in Chattanooga.**



**Thanksgiving Lunch!**

***Making our kids jealous with all of the fun we're having!***



## Ark Encounter & Creation Museum Near Cincinnati, Ohio

**October 9th—13th, 2017**

Join us as we travel via motor coach to the Cincinnati area to visit Noah's Ark and Museum. This five day, four night trip includes motor coach transportation, 8 meals, 4 night hotel stay, admission to the new Ark Encounter and Creation Museum, the Newport Aquarium, and the Cincinnati Zoo & Botanical Gardens.

Cost is \$510.00 per person dbl. occupancy.

A \$75.00 deposit is due upon signing.

**See Jan or Don for details and a brochure.**

### **Beginning / Refresher Bridge Class**

Learn the basics of Bridge! This class is held on Wednesdays from 1:00pm until 3:00pm. The class size is limited to a maximum of 8 students to offer the best learning environment. This class is for beginners or those that need to refresh their skills. This is a free class. Ruth Petherick is volunteering her time as the instructor.

*The next set of classes will begin in March , 2017. Exact dates will be in the next newsletter.*

### **Beginning / Refresher Mahjonn Class**

Learn the basics of Mahjonn! This class is held on Tuesdays from 1:00pm until 3:00pm. The class size is limited to a maximum of 8 students to offer the best learning environment. This class is for beginners or those that need to refresh their skills. This is a free class. Mary Beth Watkins is volunteering her time as the instructor.

*The next set of classes will begin January 17, 2017.*



### **AARP SMART DRIVER COURSE**

**At the William G. Long Senior Center  
Call Paul Galanek at  
770-591-9347  
for details and reservations  
for the February 17, 2017 Class.  
9:00am to 4:00pm**

**Cost: AARP MEMBERS - \$15.00  
NON AARP Members - \$20.00  
Seats are limited**

### **BRIGHT BEGINNINGS WEIGHT LOSS SUPPORT GROUP**

**Meets on Thursday mornings  
at the Senior Center**

**Weigh in is from 9:30 - 9:45am  
Meeting starts at 9:45am**

**For more information,  
contact**

**Rose Beauchamp @  
sweetmaria1956@yahoo.com  
or at 770-545-5815**



# DAILY ACTIVITIES

## Monday

- **9:00am** - **Billiards, Card Games, Chip Poker**
- **10:00am** - **Line Dancing with Gayle Bautz**
- **10:00am** - **Mahjongg**

## Tuesday

- **9:00am** - **Hand & Foot, Bridge, Canasta, Pinochle**
- **9:00am** - **Ladies Billiards**
- **3:00pm** - **Wii Bowling**

## Wednesday

- **9:00am** - **Billiards, Card Games, Woodcarving**
- **10:00am** - **Euchre**
- **10:00am** - **Mahjongg**
- **11:00am** - **Scrabble**

## Thursday

- **9:00am** - **Chip Poker, Dominos, Card Games**
- **9:30am** - **Weight Loss Group with Rose Beauchamp**
- **10:00am** - **Line Dancing with Gayle Bautz**
- **11:30am** - **Nimble Fingers**

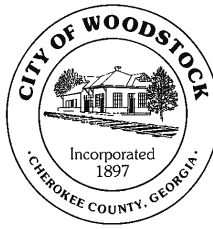
## Friday

- **9:00am** - **Billiards, Hand & Foot**
- **9:00am** - **Pinochle**
- **10:00am** - **Mahjongg, Rummikub**
- **1:00pm** - **Euchre**

**\*\*All activities/times are subject to change...**



Wm. G. Long Senior Center  
Woodstock Parks and Recreation Dept.  
223 Arnold Mill Rd.  
Woodstock, GA 30188



Standard  
U.S. Postage Pd.  
Woodstock, GA 30188  
Permit No. 171

\*\*\*\*\*  
★ **Please refer to the date on the mailing label above for your membership** ★  
★ **date. Your renewal membership is due one year from this date.** ★  
\*\*\*\*\*

### Lotto Drawing Instructions for Trips

In order for all our members to have an equal chance to go on the trips we offer, the selection is done by a lotto drawing process. A lotto ticket is filled out by each member and placed in the locked, metal Lotto Ticket Box prior to lotto day, which is listed on the calendar sent in the mail. On lotto day a separate drawing is done for each trip. The bus will hold 28 people therefore the first 28 names that are drawn are guaranteed a seat on the bus. If more than 28 have signed up for that trip, the remainder will go on a waiting list in the order they were drawn. After the lotto is completed, staff will post a list of trips with the members listed who were drawn for each trip including those drawn for the waiting list. Lotto tickets can be picked up anytime at the Senior Center.

**YOUR MEMBERSHIP MUST BE CURRENT**  
**BEFORE YOU SIGN UP FOR ANY TRIPS!**

**Only trips that go on the bus need lotto slips filled out!**

All others will be sign-up sheets and will be on the board the day after lotto.